

## Meet Jenny...

Speaker • Author • Clown

Living proof that laughter is powerful medicine for the body, mind & spirit!

### Jenny's Bio:

**Jenny Herrick**, RN, BAS, DTM, CLL, is a nationally known motivational humorist who inspires thousands of people to “lighten up, loosen up and laugh a lot.” Widowed at age 27, she knows the importance of living life to the fullest. Retired from nursing, Jenny is president of a presentation and training business, “a.k.a. – All Kidding Aside,” author and professional clown. In 2000, she traveled to China on a fun medicine delegation with Dr. Patch Adams (as a clown), which inspired her to form a hospital-based caring clowning troupe that she continues to manage today. In 2001, after the 9/11 terrorist attacks, she joined other clowns at Ground Zero in New York City to spread “mirth aid” to rescue workers. In 2003, she became Iowa’s first Certified Laughter Leader (CLL). She can be contacted at 712-276-4315 or [www.allkiddingaside.biz](http://www.allkiddingaside.biz).

